

THE CLINICAL PORTFOLIO & TREATMENT GUIDE



BESPOKE CELLULAR AESTHETICS
& SKIN REJUVENATION





MEET LAURA

International Award-Winning
Practitioner & Educator

Welcome. I am an Irish aesthetics practitioner, international educator, and the Founder and Director of the global Nail & Aesthetics Institute.

My clinical philosophy is entirely rooted in skin science and advanced cellular therapies. I do not believe in "copy-and-paste" beauty or rigid salon menus. True aesthetics is an art form that requires deep biological understanding.

I specialize in working at a cellular level to trigger genuine, structural tissue remodeling, focusing entirely on enhancing and restoring your natural beauty. When you step into my clinic, you are receiving elite, evidence-based care tailored precisely to the unique biology of your skin.

CELLULAR REGENERATION & ANTI-AGING

Reversing Dermal Degradation

As we age, our cellular communication slows down, leading to structural volume loss and wrinkles. My advanced anti-aging protocols utilize cutting-edge biotechnology to force the skin to repair itself from the inside out.



Potential Modalities Included in Your Plan:

Exosome Therapy: Advanced signaling cells that completely rewire tissue repair and boost collagen production.

PDRN (Salmon DNA): High-impact cellular boosters for deep dermal hydration and structural integrity.

Clinical Microneedling & Specialized Peels: Precision-depth remodeling to erase fine lines and tighten the skin matrix.

ACNE, SCAR CORRECTION & BIOREVOLUMIZATION

Restoring Skin Health

Targeting compromised skin barriers, active acne, or deep acne scarring requires a methodical, scientific approach. We focus on calming inflammation, accelerating cellular turnover, and breaking down fibrotic scar tissue. Through targeted localized meso-infusions, chemical peels, and clinical skin boosters, we rebuild the skin's texture, leaving it smooth, uniform, and resilient.



SCALP RESTORATION & HAIR LOSS SOLUTIONS

Targeted Follicular Rejuvenation

Designed to target localized hair thinning, early-stage balding, and non-scarring forms of Alopecia. Hair loss and scalp degradation require an advanced biological approach to revive dormant follicles and halt the shedding cycle at the root.



By utilizing specialized, medical-grade PDRN (salmon DNA) and high-concentration exosome delivery systems via precision micro-channeling, we actively increase localized micro-circulation, prolong the growth phase of the hair cycle, and structurally stimulate cellular repair. This scientific protocol restores density, strength, and health to the hair and scalp matrix.



ADVANCED BODY CONTOURING

Precision Structural Sculpting

Achieving firm, smooth, and sculpted body contours requires targeted clinical intervention to address localized adipose tissue and skin laxity simultaneously.

Our bespoke body protocols combine highly advanced lipolytic formulations with structural remodeling techniques to break down stubborn fat cells, flush localized toxins, and heavily stimulate collagen induction.

This dual-action approach tightens skin elasticity and smooths overall body silhouettes.

HYPERPIGMENTATION, ROSACEA & COLLAGEN INDUCTION

Targeted Dermal Therapy

Compromised skin conditions require highly precise cellular intervention to calm inflammation, regulate melanin production, and rebuild a broken structural matrix.



Advanced Skin Protocols:

Hyperpigmentation & Melasma Meltdown:

Utilizing advanced chemical acids and customized mesotherapy cocktails to inhibit overactive melanin production and shatter deep-rooted sun damage.

Rosacea & Vascular Calm:

Focused cellular treatments engineered to drastically reduce inflammation, strengthen weak capillary walls, and rebuild a compromised skin barrier.

Stretch Mark & Body Scar Reduction:

High-precision clinical microneedling and structural remodeling designed to break down dense, fibrotic scar tissue and trigger fresh elastin synthesis.

ADVANCED PERIOCULAR THERAPY

Targeted Under-Eye Rejuvenation

The skin surrounding the eyes is the thinnest and most delicate tissue on the entire face, meaning it requires specialized, ultra-precise clinical care. We do not use general facial products here.



Our bespoke under-eye protocols combine localized meso-infusions, targeted PDRN (salmon DNA), and micro-channeling to directly address:

Deep hollows and dark structural circles.

Fine lines, structural laxity, and "crow's feet".

Chronic puffiness and poor localized lymphatic drainage.

By delivering advanced cellular signaling directly to the periocular matrix, we restore youthful volume, brightness, and structural tightness without the use of synthetic dermal fillers.

OUR CLINICAL CHARTER

Why We Do Not Offer a Standard Menu

Because advanced cellular aesthetics are medical-grade, advanced evidence-based skin rejuvenation treatments, **we do not operate on a one-size-fits-all pricing structure.** A standardised price menu cannot accurately reflect the level of customization required for true skin transformation. Your tissue density, skin barrier health, and individual downtime capacity are entirely unique to you.

Investment Guide:

Bespoke treatment plans typically range from €450–€2500+ depending on treatment intensity, session frequency, and clinical goals.

Advanced clinical sessions begin from €150, with bespoke treatment programmes tailored during consultation.

Your consultation allows us to build the safest and most effective plan tailored specifically to your concerns, skin condition, and desired outcome.

GET IN TOUCH TO BOOK YOUR AUDIT:

WhatsApp: +353 89 963 0511

www.nailaestheticsinstitute.com

The Consultation & Skin Audit:

All new clients must undergo a thorough Clinical Consultation and Skin Audit (€50, fully redeemable against your final treatment plan). During this session, we map out your bespoke journey. There is absolutely no obligation to proceed with treatments after your audit.

Respecting Your Budget:

Your trust is my highest priority. I will always design the fastest, most effective, and most cost-effective route to achieve your goals. However, if a premium plan does not align with your current budget, I can suggest alternative, longer-term protocols that fit your financial comfort level. Please note that while these alternative routes ease initial investment, they may require more sessions over a longer duration.

Your safety, your skin health, and your results will never be compromised.

